

CASA x VI

EMBARK ON A
PERSONALIZED
FITNESS JOURNEY
WITH VI SENSE

HOW IT WORKS

Vi sense is a wireless headphone that is powered by Vi, an AI personal trainer that coaches and motivates you through real time cardio workouts. Based on your performance and goals, she (Vi) creates dynamic, fun workout experiences tailored to you. No prior fitness experience is required. Let your fitness journey begin here at Casa Madrona.

WHAT

HOW

- 1 Log into your Vi app with the information on your key packet
- 2 Make sure the device is connected to your mobile device
- 3 Get your running gear ready, put on your Vi Sense, and begin your fitness journey

Once you finish your workout, you can review your results and track your fitness progress.

