

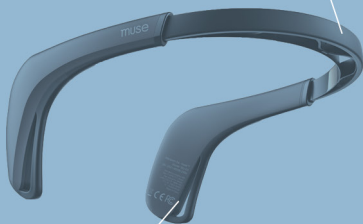
CASA X MUSE

MEDITATE IN THE COMFORT OF
YOUR HOTEL ROOM WITH MUSE 2

HOW IT WORKS

Muse 2 is a brain fitness tool that measures brain signals through 7 calibrated sensors. Muse 2 provides real time feedback on your brain activity, heart rate, breath and body movements to help guide you through your meditation journey.

WHAT



HOW

- 1 Download "Muse" app in the app store
- 2 Create an account
- 3 Make sure Bluetooth is on & pair device
- 4 Pick your session, wear headband, put on earphones, close your eyes & meditate

Once you finish your session, you can review your results and track your progress.

muse™