



# Jurlique

## Spa Menu

AT MAYFAIR HOTEL AND SPA

## Jurlique Spa at the Mayfair

Our spa philosophy focuses on restoring energy and healing from within. With outer beauty and inner health going hand in hand, the cornerstones to well being are sound nutrition, regular exercise peace of mind and care of the face and body.

We are dedicated to helping you discover these key elements through the Jurlique Spa experience. Here at the Mayfair, we have created an environment for you to relax, reflect, rejuvenate and rejoice in the pure pleasures that Jurlique Spa has to offer. Our range of signature treatments tap into Eastern and Western spa philosophies using plant based products that are grown organically on our own herb farms in the pristine Adelaide Hills in South Australia.

## The Jurlique Difference

- Certified organic herbs from our own herb farms
- Unique Bio-Intrinsic™ extraction method that captures the 'life-force' of the plants, enhancing their potency
- Based on natural, plant derived ingredients
- Hypo allergenic and pH balanced
- Not tested on animals
- No animal content
- Biodegradable and environmentally friendly
- Jurlique inspires people to health and wellbeing through a holistic lifestyle



# The Purest Skin care on Earth

## The Jurlique Story

Being true to the land and with oneself

The dream of a garden where they could plant their feet and their herbs, a pristine environment where nature's primary elements-earth, water, air and sunlight- where abundant and pure: This was the inspiration for Jurlique founders, Dr. Jurgen Klein, PhD, a chemist and his wife, Ulrike, a horticulturist. With their four children, they left their home in Germany in search of such a place.

Twenty years ago, they tilled the rich soil of their first garden in the Adelaide Hills, a peaceful, remote part of South Australia. Dedicated to organic farming and the approach to agriculture, the couple was determined to create a holistic beauty therapy to improve the health and radiance of the skin and awaken the mind-body connection. Using botanical ingredients of the highest possible purity, they combined the ancient wisdom of aromatherapy and the principles of homeopathy with an elegant use of science to create what they believed to be the purest skin care on earth.

Today, Jurlique is known internationally as  
"The Purest Skin Care on Earth"®





# Fabulous Facials

Advancing the spa tradition with decades of research and insights from both East & West, Jurlique presents the most comprehensive range of facials to meet the distinctive needs of women and men of all skin types.

## **Skin Balancing Facial 60mins \$125** Balance combination skin

Drench your skin with moisture while utilizing 15 potent plant extracts and antioxidants to restore balance to tired, overworked skin. A thorough cleansing and exfoliation with the skin-glowing Resurfacing Enzyme Peel is followed by a Moisture Repair Boosting Serum, a customized mask, and Herbal Recovery gel will reveal your skin's natural radiance.

## **Skin Soothing Facial 60mins \$125** Comforts Irritated Skin

Bring harmony to your complexion with gentle effectiveness. This relaxing facial is specially designed for skin that is sensitive or reactive to environmental elements. Our unique plant extract treatment helps balance the skin and eases redness, irritation, and dryness. Enjoy the soothing qualities of Calendula. Perfect for rosacea-like skincare issues.

## **Skin Purifying Facial 60mins \$135** Deep Cleans Impurities

Banish blemishes and balance oil production by removing the debris that builds up in pores. A professional strength exfoliation with Resurfacing Enzyme Peel is followed by extractions and a detoxifying mask to clarify and tighten pores, leaving you with clear and glowing skin.

## **Purely Age-Defying Facial 60mins \$135** Lifts and Firms

This pampering treatment uses a trio of exclusive power-packed serums designed to slow down the aging process by boosting cell turnover and skin density. An advanced cocktail of exotic gravity-defying extracts, nourishing soy proteins, and plant based retinols instantly lift and contour skin, diminish fine lines and wrinkles, and improve texture and elasticity making this your new fountain of youth.

## **Radiant Express 30mins \$70**

This treatment is ideal for someone who wants an instant glow in the busiest schedule. It includes a thorough cleansing, exfoliation, mask, tone, hydrate and a very light facial massage (No Extractions).

## **Deep Cleansing Back Treatment 60mins \$135**

An intensive purifying treatment customized for the beauty and health of your back. It includes a deep cleansing, exfoliation, and a mask to detoxify and soothe. Pores are tightened with a firming treatment that leaves skin feeling like velvet.

## **“A Touch of Heaven” Signature Facial 90mins \$190**

Pamper yourself in a 90min customized signature facial experience that includes cleansing, exfoliation, extractions, mask, lymphatic pressure point facial massage, tone, & hydrate. Indulge in a stress-reducing neck, shoulder, & Odécolletage light massage along with a hand & feet exfoliation and moisturizer leaving you soft and supple.

## Essential Treatment Add-Ons

**Rehydrating Eye Treatment \$45**

**Paraffin Wax for hands or feet \$20**

Combine either of the above as an add-on to your facial experience



# The Art of Massage

Reduce tension and balance the negative effects of everyday stress. Restore your overall sense of well-being by enjoying our professional aromatherapy body massages. All massage treatments include aromatherapy with essential oils made from pure herbal extracts.

## **Mayfair Signature Tangerine Mimosa Massage - 60mins \$150 / 90mins \$190**

*Make the time in your life to take care of yourself and you will find that it can bring balance back into your daily routine. Customized in pressure, this full body massage includes different modalities to soothe your needs and relieve tension. Promote healing as it melts stress away with a back scrub cocktail of Tangerine Mimosa bringing you to a state of bliss!*

## **Mayfair Hot Stone Therapy - 60mins \$160 / 90mins \$210**

*The therapists will massage smooth, heated basalt stones in this ancient practice combined with massaging modalities to stimulate and flush metabolic waste from the lymphatic system while improving circulation to tired muscles resulting in pure relaxation.*

## **Create Your Own! - 30mins \$70 / 60mins \$140 / 90mins \$180**

*When you book a massage with our spa therapist you are booking the time, what type of massage you receive is up to you and the therapist so the treatment is based on your needs for that day.*

## **Swedish Massage- 60mins \$125 / 90mins \$170**

*Based on Western techniques this gentle full body massage uses very light to medium pressure to alleviate you from pain, tension, and promotes relaxation.*





**Deep Tissue / Sports Massage - 60mins \$135 / 90mins \$185**

*Allow us to slowly improve range of motion by relieving tight areas while working deeper into the layer of muscles thus releasing the chronic patterns of tension in the body caused by pain, limited mobility, & injuries, to name a few.*

**Pre-Natal Massage- 60mins \$135 / 90mins \$185**

*A relaxing side-lying body massage geared to ease the discomforts of your changing body. Our focus is to nurture your needs and guide your strained tired muscles to a better place.*

Massages are also available in the privacy of your hotel room (an additional \$40 Surcharge is applied)

## Essential Treatment Add-Ons

Hot Stones (in specific area) \$20

FootScrub \$20





# Body Treatments

Nourish your body and soul and discover Jurlique's deeply restorative and purifying mineral and herbal treatments. Most body treatments are completed with a Vichy Shower- a revitalizing rain shower experience & moisturizing. Your skin will thank you. Please refrain from shaving, waxing, & sunbathing 24 hours prior to treatments.

## **Hydrating Body Glow 60mins \$125**

*Get the glow you have been looking for! Begin with dry brush exfoliation to enhance lymphatic flow. Warm aroma compressions will gently be pressed into the skin. A body massage follows with your choice of oil: Lavender, Peppermint, or Rose leaving your skin smooth, balanced, hydrated and glowing. (No Vichy Shower)*

## **Tea Tree Body Polish 60mins \$125**

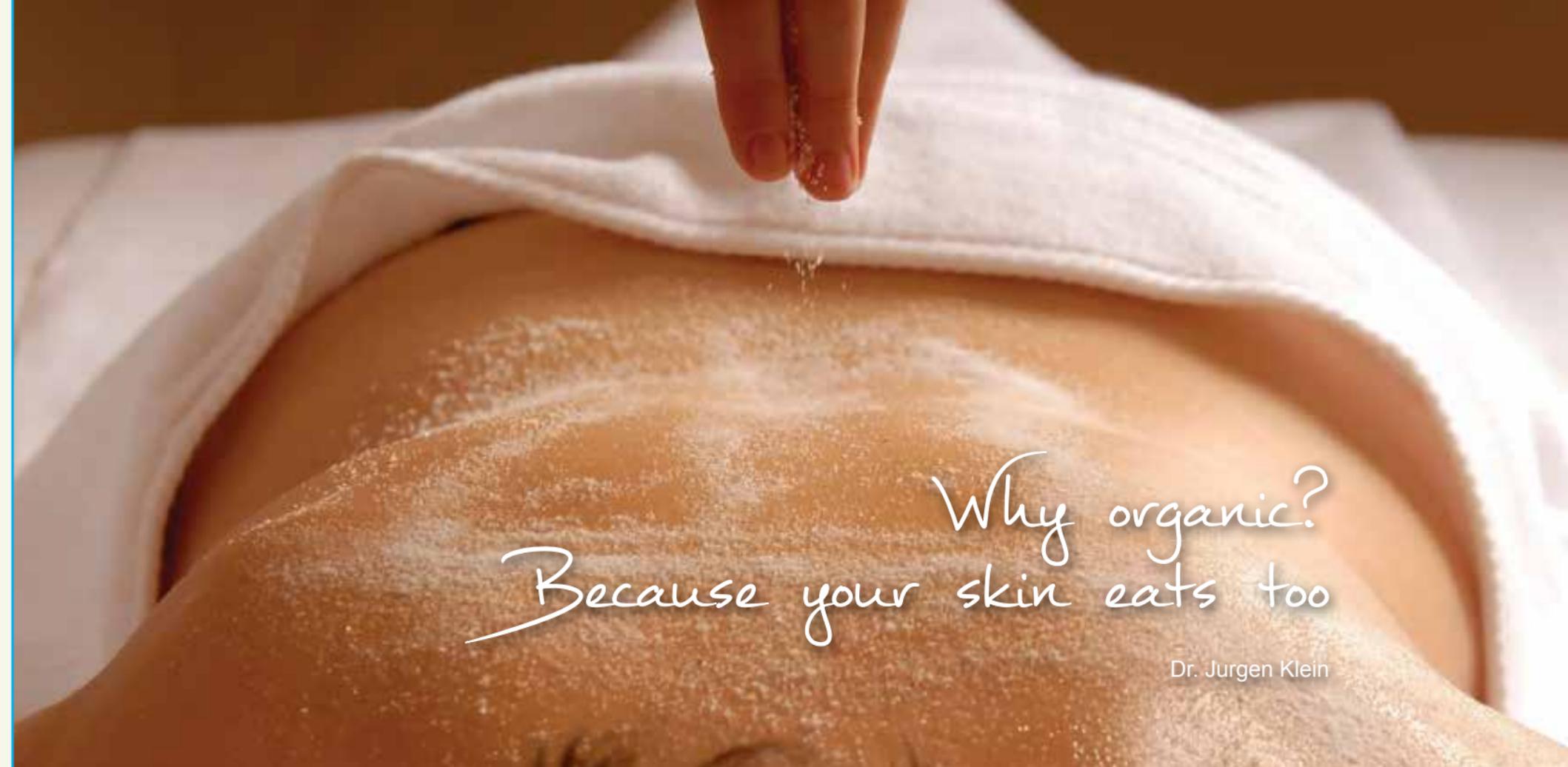
*One of the most stimulating treatments on our menu. The Tea Tree body polish with exfoliating kernels is designed to restore beauty and vibrancy to your skin. A thorough body exfoliation will leave your skin hydrated with antioxidants. Experience our Vichy shower to remove any excess product. Ideal for dry or irritated skin types.*

## **Citrus Salt Glow 60mins \$125**

*This invigorating treatment is designed for people with thicker, oilier skin. Using lemon & lime essential oils combined with exfoliating sea salts, this treatment leaves you skin refined and noticeably smoother. Followed by a Vichy shower and a light lotion massage to restore hydration, your skin will take on a lustrous glow.*

## **Body Pure Detox Wrap 90mins \$180**

*Beginning with an exfoliation, this treatment removes impurities by stimulating the body to naturally eliminate toxins. While wrapped in a hydrating clay mask that saturates the skin with antioxidants, indulge in a mini facial leaving you energized. Finish with a light massage to hydrate and recharge the senses.*



Why organic?  
Because your skin eats too

Dr. Jurgen Klein



# Just Hands & Feet

Luxurious grooming treatments for your hands & feet.

## **Hand Love 60mins \$50**

*Our signature manicure. A pampering and hydrating hand & nail treatment. Includes cuticle and nail trimming, exfoliation, massage & mask followed by a nail polish of your choice.*

## **Foot Love 60mins \$70**

*Our signature pedicure. A stimulating foot bath with essential oils is followed by exfoliation, shaping, cuticle work and a therapeutic foot mask. Includes a relaxing foot & leg massage finished with your favorite nail color.*

## **Mayfair Pampering Duo (Hands and Feet) 120mins \$110**

*Indulge in treatment for hands & feet. Includes exfoliation, shaping, cuticle work, a hand & foot massage and nail polish of your choice.*

## **Express Manicure 30mins \$35**

*Includes cuticle work, nail trimming, exfoliation and color.*

## **Express Pedicure 45mins \$55**

*Includes cuticle work, nail trimming, exfoliation and color.*

## **Treatment Add-On**

**Polish Change \$20**

**French Polish \$10**

**Paraffin Treatment \$20**

**Shellac/gel removal \$10**



## Waxing

Full Leg w/ Bikini Line \$90

Underarm \$25

Full Face \$50 (all three areas: eyebrow, upper lip, & chin)

Full Leg \$70

Arms \$45

Half Leg \$45

Back \$60

Bikini Line \$40

Upper Lip, Chin, or Eyebrow \$20ea

## Bath Rituals

The therapeutic properties of soaking have remained a constant source of renewal to our health and beauty. Our hydrotherapy tub includes specific aromas that are utilized to bring back a little balance into your life.

*Combine a bath with any treatment as a reviving pre-treatment soak or have as an individual treatment.*

**All Aroma Baths are 30mins \$40ea**

**Hydrating Rose Milk bath** - Designed to soothe and moisturize, this luxurious rose petal milk bath helps achieve beautiful skin by hydrating within its deepest levels while rejuvenating dry skin.

**Harmonizing bath** - Infused with Australian blends of Lavender, Clary Sage, Geranium & sea salts. This soak will loosen muscular tension, lightly exfoliate, and calm the body & mind.

**Balancing bath** - Soak in mineral-rich sea salts infused with essential oils of Lavender, Rosewood, Rose, Patchouli, Clary Sage, and Basil. An excellent way to restore the body's balance.

**Tranquilizing bath** - A therapeutic treatment with vapors of Jurlique's oils will calm, relax, and refresh your body with amazing blends of Lemon, Clary Sage, and Lavender promoting deep relaxation.





# Spa Packages

A collection of packages combining a variety of spa treatments for extraordinary results and heavenly indulgence for you to enjoy. No substitutions on packages.

**Escape 1 hr 30mins \$165** - Unwind in an 30min Aroma Bath to recharge your body's energy followed by a relaxing 30min massage and finished with a 30min express facial.

**Bliss 2 hrs \$225** - Rejuvenate in our 60min Citrus Salt Glow to remove dead skin cells with an invigorating Vichy shower followed by a 60min Skin Soothing Facial.

**Balance 2 hrs \$240** - A 60min Create your own! Massage followed by a 60min Skin Balancing Facial.

**Renew 3hrs 45 mins \$385\***

Soak away dehydrated skin with a 30min bath. Restore tired muscles with a 60min Swedish massage, lift and renew your skin with our Purely Age-Defying Facial, and feel complete with an express manicure and pedicure.

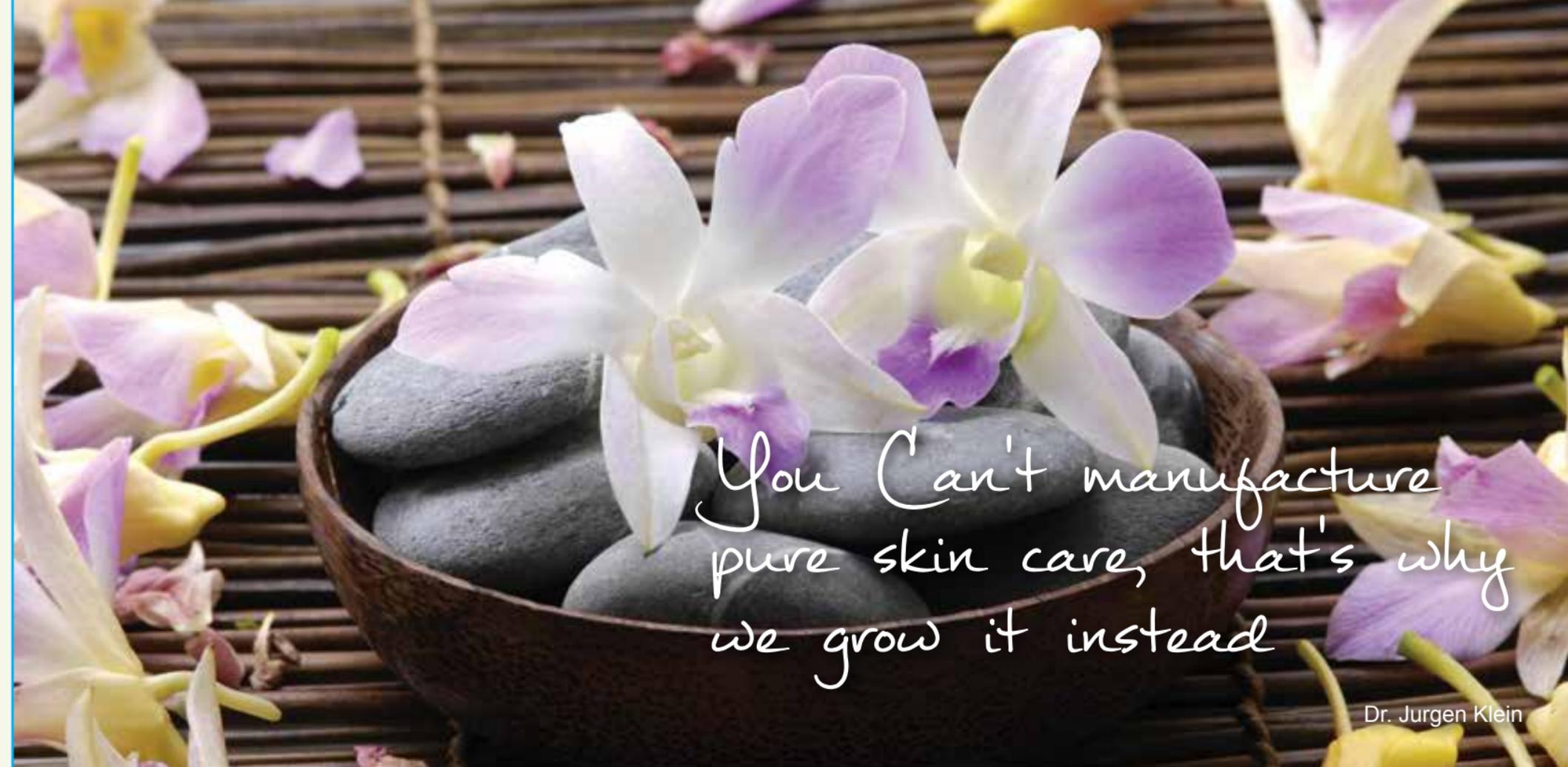
**Detox 3 hrs 30 mins \$435\***

Relax with a deep cleansing Body Pure treatment and stimulating Vichy shower. Enjoy a 60min Deep Tissue massage followed by a Skin Purifying Facial rich in antioxidants.

**Retreat 6 hrs 30 mins \$630\***

Indulge in a 30min bath followed by a 90min Create your own! massage. Enjoy our 60min Tea Tree Body Polish with exfoliating kernels to restore beauty and vibrancy to your skin. Continue with a 90min "A Touch of Heaven" signature facial and complete your glorious spa day with a Mayfair Pampering Duo treatment for your hands and feet (120 mins).

\*Includes a delicious lunch selected from our spa cuisine menu



You Can't manufacture  
pure skin care, that's why  
we grow it instead

Dr. Jurgen Klein



# Essentials of The Spa

## Facilities

As a guest of the Jurlique Spa at the Mayfair, please enjoy the complimentary use of the rooftop pool, fitness center, co-ed steam room, bath robes, slippers, and organic herbal teas.

## Reservations & Cancellation Policy

Reservations may be made at Jurlique Spa on Tel: 305-779-5135 or through the internal extension 3135 if calling from within the hotel. You may also email us at: [jurliquespa@mayfairhotelandspa.com](mailto:jurliquespa@mayfairhotelandspa.com). We suggest that you schedule your appointment in advance to obtain your preferred time. Should you wish to cancel an appointment, please allow us a 24 hour notice. Rescheduling your appointment within the 24hrs will result in 50% charge of treatment value. No Shows will be charged at the full treatment price. If you have a personal preference for a therapist, please let us know when you make your reservation. Prices are subject to change without notice.

## Arrival Time

For you to enjoy the full value of your spa treatments, we ask you to arrive at least 20- 30 minutes before your appointment. If you arrive late for your service, your treatment time will be modified. All treatments end on time so the next guest will not be inconvenienced. The full value of your treatment will be applied. We encourage you to spend 10 minutes in the steam room before your treatment begins. As the steam room is co-ed, bathing suits or towels are required.

## In-Room Massage

We understand that sometimes you just want to relax in the privacy of your own guest room. In these instances, we can arrange for an in-room massage by contacting the Spa Concierge. (\$40 surcharge applies)





## Client Care & Health Considerations

*During the treatment, your modesty will be protected at all times. We will provide robes and slippers upon arrival. Disrobe to your level of comfort. Please advise the Spa Concierge of any medical conditions (e.g. high blood pressure, allergies, physical ailments or pregnancy) so we can better assist you in choosing the most enjoyable services. Bathing suits must be worn when using the co-ed steam room.*

## Valuables

*We request that no jewelry be worn during your visit to the spa. The management of the Spa accepts no responsibility for the safety of money and valuables of any kind.*

## Spa Etiquette/Cell Phones

*To ensure that guests can enjoy the tranquility of Jurlique Spa, we respectfully request that all visitors keep noise to a minimum. Cellular phones and electronic devices are NOT allowed. Smoking within the spa is prohibited.*

## Payment

*We accept cash and all major credit cards. No Checks. Hotel guests may charge their spa services to their room account. For your convenience, a 20% service charge will be automatically added to all services. Additional gratuities may be added at your discretion.*

## Children

*Waiver must be signed by adult when children under 18 years of age are receiving services. Parent/guardian must be present for those 16 and younger having spa services.*

## Gift Certificates

*Give the gift of relaxation. Available for purchase in any denomination or service(s) and valid for 1 year. Gift certificates are non-refundable.*

# Jurlique

3000 Florida Avenue  
Coconut Grove, Florida 33133  
t 305 779 5135 f 305 779 5139  
mayfairhotelandspa.com  
jurliquespa@mayfairhotelandspa.com  
Monday-Saturday 9am-7pm and Sundays 9am-6pm