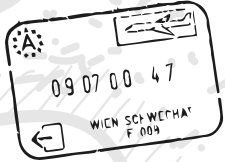


# GLOBAL BENTO

AIR MAIL  
PAR AVION



## LUNCH EXPRESS MENU

12.30 – 4.00 pm

INTRODUCTORY OFFER:

£14.95 including a soft drink/ tea or coffee

£19.95 with a glass of house red or white wine or a draught beer

Grabbing a bite to eat at lunchtime with your colleagues, friends or family need not mean a soggy sandwich! Our delicious express Bento Menu selection means that you can have a tasty meal, enjoyed in our beautiful restaurant in an affordable and timely fashion.

### Pure

Grilled roast chicken or grilled vegetable panini  
Sweet potato fries  
Quinoa & smoked salmon salad  
Pineapple coleslaw  
Fresh cut fruits

### Mediterranean

Classic Greek salad  
Sumac grilled Scottish salmon with lemon beurre blanc  
Buttered olive mashed potatoes  
Herb grilled vegetables  
Bitter chocolate mousse with beetroot jelly

### English Classic

Batter fried fish  
Fat chips & tartare sauce  
Scotch egg with curried mayonnaise  
House tossed salad  
Sticky date & walnut pudding with calvados toffee sauce

### Italia

Caesar salad with anchovies  
Penne with creamy arabiatta & baby capers  
Herb grilled chicken with a mushroom jus  
Basil pesto tossed vegetables with flaky parmesan  
Banana pannacotta, peanut brittle & rum foam

### Bharat

Samosa with tamarind chutney  
Yoghurt & vegetable salad  
Chicken tikka masala or creamy paneer masala  
Naan bread  
Tempered potato's with cumin & fresh coriander  
Chocolate rasmalai with pistachio

### Eastern

Korean kimchi & cucumber salad  
Crispy vegetable dumplings with sweet chilli dip  
Chili fish with Pak Choi  
Sesame steamed rice  
Macha cheesecake

Before placing your order, please alert the manager of any food allergies, or any special dietary requirements.

All prices include VAT

A 12.5% discretionary service charge will be added to your bill

Pre-order: If you are limited with time, you can pre-order your Bento to be ready when you arrive.

Please call Bistro: 020 7963 8325

Snap your favourite Bento, follow our account @sictaj and tag it with #GlobalBentoatBistro for a chance to win a Bento lunch for you and your friend!





# BISTRO